

## RMD Management's Pulmonary Conservation and Annual Health Exam Program

RMD Management Products is the premier stone fabricators in the Western United States. It is our commitment to our employees to provide a safe work environment for all employees. We follow the safety rules and regulations pertaining to Silica hazards and monitoring as found in the OSHA Silica Standard 1910.1053<sup>a</sup>. In the stone fabrication industry exposure levels for silica are higher, here are (3) areas that we focus on to help us proactively care for our employees and minimize the exposure levels.

### 1. Annual Silica Physical Exams<sup>b</sup>

In partnership Intermountain Health's Orem WorkMed Clinic, RMD Management provides Annual Silica Medical exams to all employee's who have been employed for more than 6 months or those who may have had high exposure in previous employment; at no cost to the employee. Once employees have been tested for their baseline tests, they are entered into the database where they will be tested, on a 3-year cycle, unless RMD Management is advised by the providers to monitor the employees' case on a more frequent basis.

These medical exams include:

#### NOVEMBER

##### ➤ Paperwork

- Consent forms are sign by employees participating in the exams.
- A review of medical and work history (Provided through the following forms: *Silica Questionnaire, OSHA Respirator Medical Evaluation Questionnaire and Medical History – WorkMed Questionnaire*)

#### JANUARY

- **Blood Draw** - Blood Testing for latent tuberculosis infection
- A **pulmonary function test (PFT)** includes forced vital capacity (FVC) and forced expiratory volume in one second (FEV1) and FEV1/FVC ratio.
- A **Chest X-ray (B read)**
- A **physical examination** with special emphasis on the respiratory system by a "Physician or other licensed health care professional" (PLHCP)
- A **final review** with the PLHCP

Each year all participating employees fill out medical and work history paperwork in November. Consent forms are filled out by the employees while filling out paperwork. The consent allows the employee to receive the medical services from WorkMed personnel and to disclose Personal Health Information to RMD Management. If any employee elects to reject the medical services and tests they are required to fill out the Voluntary Rejection of Services form.

Blood is then drawn and tested in early January, this allows for the lab to produce the latent TB results, making them available at time of final review. Managers at RMD Management help transport employees to the Orem Workmed Clinic on scheduled days to perform the Pulmonary function test and (B-Read) Chest X-ray. A resting period of 7-10 days is given, this ensures that the clinic can collect and organize all the needed data and results. During the last two weeks of January the PLHCP performs the physical exam and a final review for the employees. RMD Management Products Management team and the Orem Workmed staff have a final meeting that helps identify any individuals who will be monitored on an annual basis or if any conditions/recommendations have been given by the PLHCP for the Employee to follow up with their Private Care Provider.

If any further occupational testing or treatment is needed, RMD Management's Safety manager will work with the Work Compensation Insurance Partners to address needs and further treatment.

Any non-work-related health conditions found during the health exams will be the responsibility of the employee.

In special cases employees may be tested sooner to establish a baseline. This is on a case-by-cases basis, which depends on previous work environments and exposure limits.

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<sup>a</sup> [OSHA Standard 1910.1053](#)

<sup>b</sup> [1910.1053\(k\)\(3\)](#)